Together we grow

PUBLIC SCHOOL

Term 1 Week 1

From the Principal's desk

Welcome to the 2022 school year!

Welcome to Carool for the 2022 school year. A special welcome to our new students, Oliver in Kindergarten and Lily in Year 1 and their families.

I hope that all school families have had a chance to have a break from the normal routines with time to relax – even just a little.

Transitioning from holidays to school terms can be a bit tricky – and not just for the students. Setting up a variety of routines can assist in getting each school day off to a positive start – set aside a space where school gear is kept so that bags, shoes, hats, library bags and reading folders have a 'home', organise uniforms and pack school bags before going to bed, early to bed (even though the sun is still shining and there will be some warm nights), and then start the day with a healthy breakfast ready to take on the learning challenges. With a little perseverance, the routines will soon become automatic.

Staff for 2022

Teaching Principal – Debbie Francis Teacher – Sally Carroll School Administration – Debbie Flaherty Student Learning Support Officer – Juliet Green General Assistant – Mark Francis

The Department still has a number of COVID safe guidelines in place which the school is required to follow. Unfortunately, at this stage, parents are not able to come onto the school site. A phone or video call can be organised as required. If at any time you wish to speak specifically to one of the staff, please call the office to arrange a time.

4 February 2022





UPCOMING EVENTS

FEBRUARY

Swimming lessons

Each Thursday for 4 weeks commencing 24 February. A note will be sent home next week.

MARCH

Thursday 3, 10 & 17

Swimming lessons

APRIL

Wednesday 6

Life Education Van visit

Friday 8

Last day for Term 1

The following student/s celebrated/celebrate their birthday in January & February:

Harlen &

Leon



Timetable

A copy of the weekly timetable is attached to this newsletter. This will give you an idea of the learning being undertaken each day, and can be used as a conversation starter when asking the students "what did you do today?"

Home Reading

Daily home reading is the cornerstone and focus of our approach to home learning. The benefits of regular reading are widely shown through numerous research findings.

All students will be involved in the Home Reading Program. Each student will be able to record the titles of books read on a printed diary. All students are strongly encouraged to read each day, including weekends and school holidays.

All students should read aloud to an adult for at least part of the reading time. Each student will be provided with a folder to assist in transporting and protecting readers. It is highly recommended that families set aside a specific area where the reader and folder is stored to prevent loss.

The recommended minimum time allocation for each home reading session is:-

- Kindergarten 5-10 minutes
- Years 1 and 2 10-15 minutes
- Years 3 and 4 15-20 minutes
- Years 5 and 6 20-30 minutes

Students are asked to bring their Home Reading folder to school every day. This helps develop responsibility by setting a regular pattern for returning items to school.

Food at school

The students are encouraged to bring healthy food options for the three breaks at school

each day. The "Swap It" website provide a variety of ideas for families.

https://goodforkids.nsw.gov.au/primary-schools/swap-it/

"Crunch and Sip" is a short break during the morning session. This break provides an opportunity for the students to eat fresh or dried fruit or vegetables and have a drink of water. If possible, please send "Crunch and Sip" food in a separate container so that it can be taken to the classroom. Recess is at 11.15am and lunch at 1pm.

Students are encouraged to bring 'nude' food - using reuseable containers for items that have been decanted from a

Nutrition Snippet

HOW TO PACK A HEALTHY LUNCH BOX







Starting 'big' school is a huge deal even for parents as it may be the first time packing a lunch box.

Learn how to pack a healthy lunch box here

healthylunchbox.com.au

Cancer Council Healthy Lunch Box

larger serve e.g. a box of cracker biscuits or food which is covered in its own natural 'wrapper'. Please keep 'sometimes' foods, such as lollies or chocolates, for special times at home. The students need to have their water bottles with them every day. Opportunities to drink water regularly throughout the day will be provided. Bottles can be refilled at school.

Student Information Update

Each year the school needs to ensure that the correct contact details are on file for each family. Please complete the attached form and return to the office as soon as possible.

All families are required to complete the form even if there are no changes from the information previously provided.

Book Club

Students and families have the opportunity to purchase books and resources through Scholastic Book Club. Issue 1 catalogues have been sent home today. Families are under no obligation to order any of the items. The preferred method for ordering is online via Scholastic LOOP. Instructions are provided on the order form. Orders are due in by Friday 18 February.

Class Dojo

Class Dojo will be used again this year as a means of keeping parents informed of their child's progress. Students will regularly post photos of the learning activities being undertaken in their individual portfolio. Portfolios can be shared with other family members, such as grandparents, if desired. Please contact the school if you need your child's log in details.

Best Start for Kindergarten

Best Start for Kindergarten has been completed. This assessment assists teachers to recognise, and then build on, the student's current skills and abilities. A report will be sent home to parents in the near future. The report will give parents an idea of their child's starting benchmark as well as suggestions for activities that can be done at home to assist their child's learning journey.

Covid Smart Guidelines

We will start 2022 with a number of COVID-smart measures that have been developed in partnership with NSW Health. These measures are designed to help to minimise transmissions at school and enable our students to continue learning in the classroom.

Rapid antigen test (RAT) kits are available through the school for all students. If you require more RAT kits, please contact the school.

The most up to date information can be found at <u>https://education.nsw.gov.au/covid-19/</u> <u>advice-for-families</u>

Mrs Francis Principal



Carool Public School P&C ASSOCITAION

P&C Meeting and AGM

The Carool Public School P&C welcomes all staff, students and families back for the exciting year ahead. The P&C's Annual General Meeting is scheduled to take place this term, (date, time and place to be advised) and we need your help. To keep our P&C functioning we invite anyone who is interested in learning more about the P&C to come along. You don't have to take on a position to attend meetings – the P&C is a way for all parents and caregivers to stay up to date with P&C news. We have our Centenary celebrations coming up later in the year and it would be great to have input from the P&C for this and any other events throughout the year.

We also would love to hear any ideas/feedback you may have about fundraising this year. Being a small school, we need to be creative with our plans and are currently drafting a fundraising schedule for 2022. Some current ideas include Easter raffle, Country breakfast per term, pie drive, and a mango drive at Christmas. There must be lots of other good ideas out there for us to consider so please send your thoughts to Mrs Flaherty <u>carool-p.school@det.nsw.edu.au</u> who will pass them along to the current P&C.

Jade Baker P&C Secretary

FIRST DAY 2022

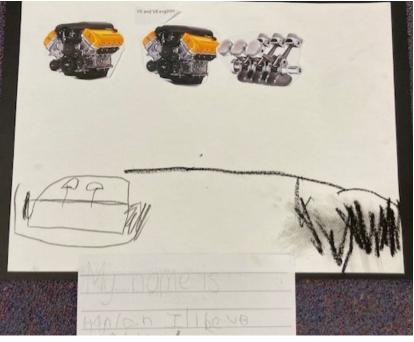


MUSIC & ART - SELF PORTRAITS









ART-SELF PORTRAITS



Timetable - 2022