

Together we grow



# Carool

PUBLIC SCHOOL

Term 2 Week 4

20 May 2022

## From the Principal's desk

### Technology at school

This week, new Main Learning Displays have been set up in each classroom. Additionally, some new laptops have arrived and will be utilised by the students in the near future. These items have been provided as part of a NSW DoE rollout to rural schools.

### Breakfast

Breakfast Club operates on Monday and Friday mornings. This is an additional snack instead of Crunch and Sip – it is not a replacement for breakfast.

Breakfast is extremely important to give the students a good start to the day and to fuel their bodies ready for learning. It can be tricky to get kids to eat in the morning, but even a small breakfast is better than nothing.

Crunch and Sip time is held during the morning session on Tuesday, Wednesday and Thursday. Students are asked to bring a serve of fresh fruit or vegetables to eat during this time. This also helps fight off the hunger pangs as recess is not until 11.15am.

### Premier's Reading Challenge

Keep up the great reading for Premier's Reading Challenge. The challenge will go through until August which gives plenty of time to read the number of titles required. Please remember to log the titles of the books you have read or let Mrs Francis know so that she can add the titles.

### Home Reading

Congratulations to the following students who have achieved Home Reading milestone.

25 nights - Cooper and Oliver



Education

### UPCOMING EVENTS

#### MAY

##### Friday 27

- School photos
- Hot Lunch Day

#### JUNE

##### Tuesday 21

- Half day athletics field events - qualifying students

##### Wednesday 22

- Athletics carnival - all students



## Centenary Raffle

Raffle tickets will be sent home with students next week. The P&C and Centenary committee have secured some fantastic prizes! As mentioned in last fortnight's newsletter, one of the prizes will be a food hamper. All families are asked to consider donating non-perishable food items towards the hamper to help put together an amazing prize.

## Healthy Foods

As the weather cools off a bit, the students tend to have an increase in appetite. Please try to choose healthy items which will provide sustained energy rather than a quick burst from processed/packaged foods. An additional sandwich or piece of fruit is a great option.

It is often hard to get everything organised in the morning before school. Consider making some sandwiches on the weekend and then freezing them ready to pop into the lunch box each morning. The same can be done with home baked goods which are usually a better option to highly processed, sugary, pre-packaged snacks. A cooking day on a Sunday can be used to learn a variety of life skills and provide some nutritious snacks for the week.

## Uniforms Orders

A uniform order form has gone home today with your child. Please order any uniform items you think your child may need over the upcoming 6 months. The new sports shirt is being phased in over this year and will fully replace the old shirt from next year.

Orders can be paid for at the time of ordering or when the stock arrives. We will let you know when the order comes in and once payment is received the items will be sent home. **Please return your order by Friday 27 May.**


## Gold Coast Recreation Camp

Students in Years 4 to 6 have the opportunity to attend a 3 day/ 2 night camp at the Gold Coast Recreation Centre in Palm Beach from Monday 1 to Wednesday 3 August 2022. Thank you to parents who have paid the deposit. More information and permission notes will be sent home in the coming weeks.

Mrs Debbie Francis  
Principal

### Nutrition Snippet

## AUTUMN FRUIT AND VEG




Apples, bananas, and cucumbers are in season and usually cheapest in autumn.

Try these snack ideas:

- [Stewed apples and sultanas](#)
- [Banana pikelets](#)
- [Cucumber and cream cheese sandwiches](#)
- [Healthy apple crumble](#)

For these recipes and more visit [healthyinbox.com.au](https://healthyinbox.com.au)



## School Photos

A reminder that the School Photographer will be at our school on **Friday 27 May.**

Please ensure your child wears a clean maroon school shirt, black shoes and white socks. Hair should be neatly done and bring your best smiles!

The School  
Photographer

## ASSEMBLY AWARD RECIPIENTS



### Congratulations our award recipients

Week 3 - Harlen, Oliver, Eli & Ryke

Week 4 - Cooper, Alice, Ziggy & a Yr 5 student

### Assembly – Amazing person

#### **Martin Luther King Jr - fairness**

Martin Luther King Jr. was born in Atlanta, Georgia in 1929. This was at a time of segregation between white people and black people.

Black people were segregated, or separated from people with white skin in schools, on buses, in restaurants, and in public areas. Black people had worse living conditions and less job opportunities.

Martin didn't think that this was fair, but instead of complaining and moaning, he took action and became a leader in the Civil Rights Movement.

Many people know some of the words from a famous speech he gave.

"I have a dream that my four little children will one day live in a nation where they will not be judged by the colour of their skin, but by the content of their character."

"All men are created equal."

Fairness is not favouring any one person above another, and it allows everyone involved an equal opportunity to succeed.

Fairness means not showing favouritism or discrimination.

#### **Funmilayo Ransome-Kuti - enthusiasm**

Ransome-Kuti was born in 1900 in the country which is now called Nigeria. This country used to be ruled by the British.

She wanted to gain equality for women, and for the poor to have better opportunities. It was very difficult because many people didn't agree with her. Ransome-Kuti stayed enthusiastic and persevered.

As Funmilayo enthused people and encouraged them to work together, she created one of the largest women's groups in the world with over 20,000 women. In 1958, they gained women's suffrage and, in 1960, Nigeria gained its independence.

Enthusiasm is being eager to do a particular activity which you like and enjoy or which you think is important.

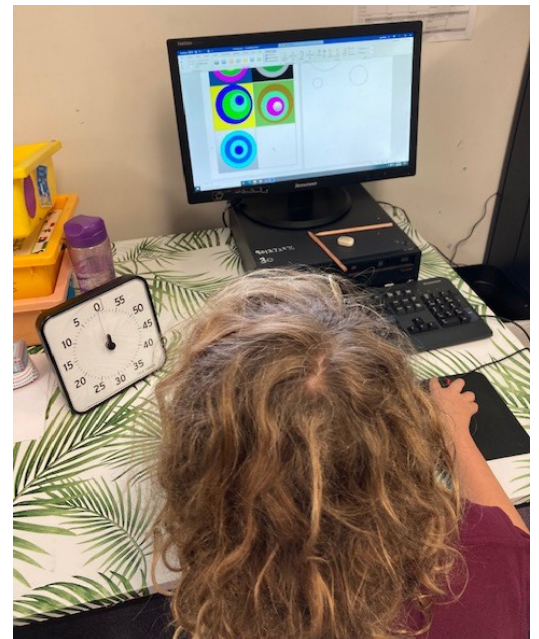
Enthusiasm is

- Doing your best with tasks
- Being willing to help others
- Having a go



## ART

The students have been learning about Wassily Kandinsky. They have created some art works based on his Concentric Circles painting.





**HOT LUNCH FRIDAY**

Carool P & C are holding their first Hot Lunch Day on Friday 27<sup>th</sup> May (Week 5).

If you would like to order hot food from the menu on the right, please write your child's name and their order on a brown paper bag (or envelope) and place correct money inside.

Orders will be collected at the start of the school day and your child will receive their yummy hot food at lunchtime!

Menu	
Chicken Tender	\$1.50ea
Mini Pie	\$1.00ea
Mini Sausage Roll	\$1.00ea
Juice Popper (Tropical, Apple, Apple & Blackcurrent)	\$2.00ea
Flavoured Milk Popper (Chocolate, Stawberry)	\$2.00ea

**Cleaner Required for Carool PS**

ISS Facility Services are seeking the services of anyone who is interested in immediate employment in the cleaning industry. A part time position currently exists at Carool Public School. The allocation is 100 minutes five days a week. Cleaning of the school can be undertaken before or after school hours.

Additional opportunities for employment are also available in other school and NSW Government Department locations.

Applicants must be Fully COVID Vaccinated

Applicants will be required to have or obtain:

- Working with Children Clearance & Pass a Police Check
- Drivers Licence or access to transport to site is preferred

For further information please contact:  
Tammy Keuntje: 0438 212 938 or  
Brian Andrews: 0409 241 514

Help us turn  
**BREAD BAGS** into  
**SCHOOL\* PLAY EQUIPMENT**



**COLLECTIONS CLOSING SOON!**

**Our school\* is taking part in the Wonder Recycling Rewards campaign this term.**

Help us collect bread bags so we can earn points to redeem on new RHSports equipment.

It's simple! All you need to do is keep your empty bread bags and send them to school\* with your kids! We will then place them in Wonder's pink collection box and post them off to be recycled. The more we collect the more points our school\* earns!

**Collections close 9th September.**

**Tip for collecting:**  
Use one empty bread bag to collect a bunch of other bags.

**Did you know?**  
We can now collect our bread bags over the holidays!

**BRING IN YOUR BAGS BEFORE SEPT 9TH!**

\*Includes early learning centres and pre-schools.

Tag @wonder.australia #wonderrecyclingrewards to share all your recycling champion stories!

