



Together we grow

Carool

PUBLIC SCHOOL

Term 3 Week 7

1 September 2023

Community Consultation meeting

A follow up community consultation meeting will be held at Carool Public School on Monday 11 September commencing at 1:45 pm.

The Director, Educational Leadership for the Tweed Coast directorate, Kris Pizarro, will be attending to provide an update on the consultation process and the future of our school.

All families and community members are encouraged to attend this meeting.

"Big Bang Science Show"

Thank you to Bilambil Public School for inviting us to the 'Big Bang science show!' The 'elephant's toothpaste' which was created, certainly had an impact!



Education

UPCOMING EVENTS

SEPTEMBER

Friday 8

- Soccer for sport @ Stokers Siding PS - last session

Monday 11

- Community consultation meeting @ 1:45 pm

Friday 15

- Small Schools Ball Games @ Fingal Head PS

Tuesday 19

- End of term excursion to Hastings Point Marine Centre

Friday 22

- Last day of Term 3

OCTOBER

Monday 9

- First day of Term 4 for students and staff

Happy Father's Day to all our dads and grandfathers.
Hope you have a lovely day!



Sport - Soccer

At the first session of our three soccer sessions, coach Albi went through quite a few ball skills with the students. They were shown passing, turning, short and long passing skills as well as turning while dribbling.

They were then split into pairs to practice, and at the end of the day split into two groups for a very competitive soccer game, which included some staff too.

All of the students had a wonderful day learning new skills and meeting new friends.

The soccer program continued today at Stokers Siding PS with the last day of the program being next Friday, 8 September.

Thank you to Sporting Schools Australia for assistance with the funding to be able to run these programs.



Small Schools Ball Games - Friday 15 September

Each year we participate in the Ball Games with other small schools in our area. This year it is being held at Fingal Head Public School. The day is always a lot of fun and parents are welcome to attend. A permission note with all the information was emailed via School Bytes last week.

End of Term Reward Excursion - Tuesday 19 September

For our end of term outing we will be going to Hastings Point Big 4 Holiday Park which is home to the Marine Discovery Centre. The Centre is designed to inspire and educate people of all ages. It helps visitors to understand and care for the aquatic environment, its inhabitants and vital eco-systems and learn about the unprecedented challenges of climate change, marine litter and plastic waste, pollutants and fishing.



For information about the Marine Discovery Centre visit: <https://marinediscovery.com.au/>

After this we will have hot chips for lunch in the Hastings Point Park and walk up to the headland to see if we can spot some whales! The permission note was emailed to families via School Bytes this week. If you have any questions please contact the office.

Home Reading

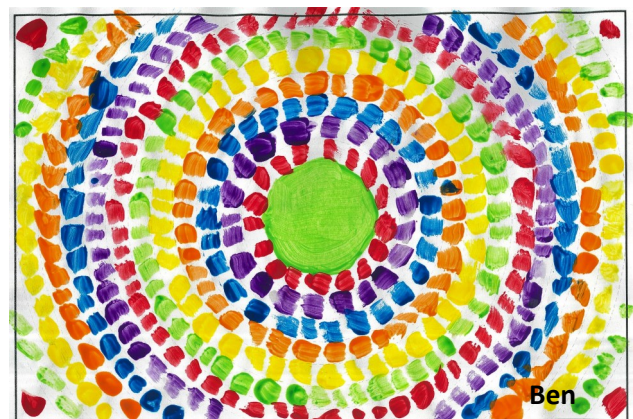
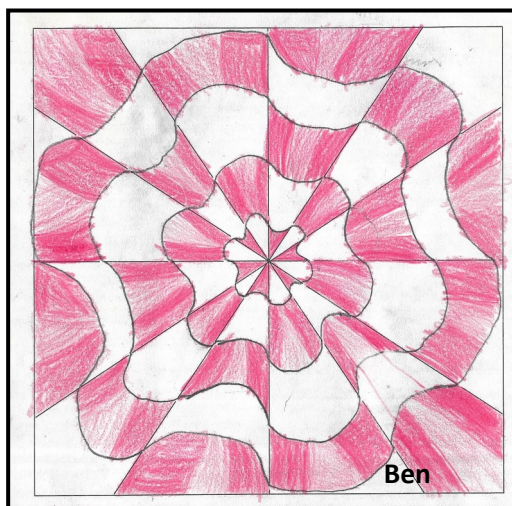
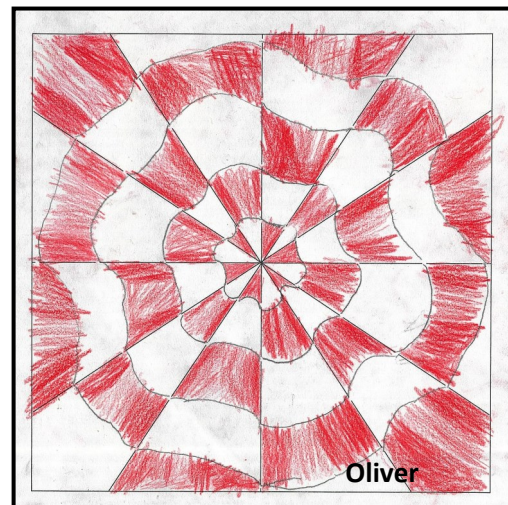
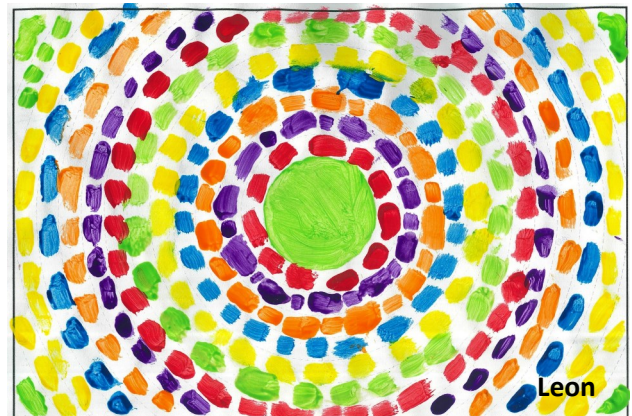
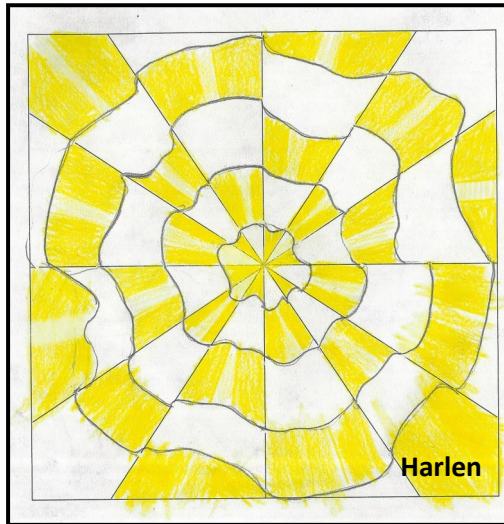
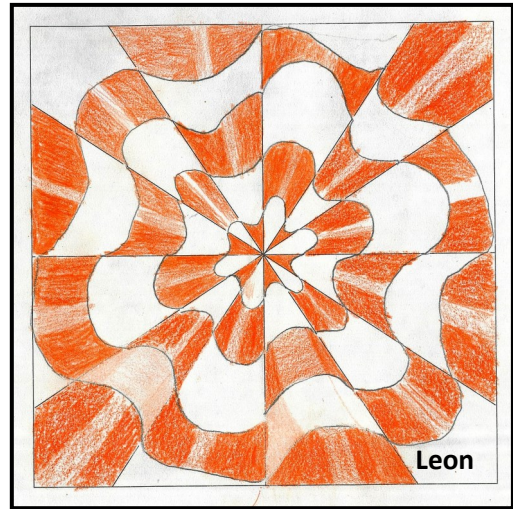


Congratulations on achieving the Home Reading milestone -

125 nights Oliver

Book Club

Issue 6 orders are due in online via LOOP by 8 September. Visit www.scholastic.com.au/LOOP to order.



Over the past weeks the students have completed their Op Art unit and have investigated the abstract art of Alma Woodsey Thomas.

Sunsmart Snippet

Choose a sun smart hat.

A broad-brimmed, bucket or legionnaire style hat is a simple, effective way to protect your face, head, neck and ears.



Wearing a sun smart hat everyday protects your face, head, neck and ears, and reduces the amount of UV radiation reaching your eyes by 50%.

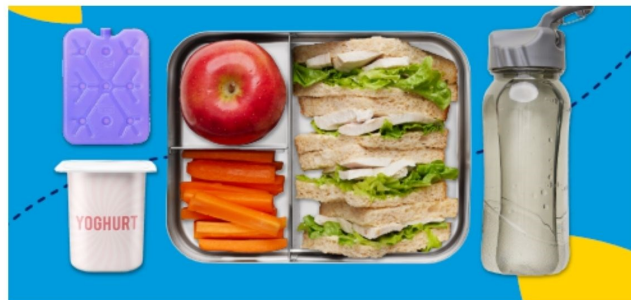
Baseball caps and sun visors DO NOT protect the cheeks, ears and back of the neck and are not recommended.

sunsmartnsw.com.au



Nutrition Snippet

HOW TO PACK A HEALTHY LUNCH BOX



A good lunch gives children energy and nutrients to learn, play and grow.

But what does a healthy lunch box look like?

Find out in our [short video](https://healthy lunchbox.com.au/blog/how-to-pack-a-healthy-lunch-box-video) at

healthy lunchbox.com.au/blog/how-to-pack-a-healthy-lunch-box-video

healthy lunchbox.com.au



Nutrition Snippet

SANDWICH FILLING IDEAS

Are the kids getting sick of the same old sandwich fillings? Look no further!



Use leftovers from dinner to make a delicious sandwich or wrap filling such as:

- [Salmon pattie](#) and salad sandwich
- [Falafel](#), [hummus](#) and [tabouli](#) wrap
- [Bolognaise](#) roll

Find these recipes and more at

healthy lunchbox.com.au



The Healthy Lunch Box website was created by Cancer Council NSW to save you time and money, and our clever tips for adding fruit and vegetables to your diet can set yourself and your family on a path of lifelong healthy eating, to reduce your cancer risk.

Developed by dietitians, you can trust our website to help you with all things lunch boxes. Recipes and ideas are family-friendly, packed full of fruit, vegies and wholegrains and use only simple, budget-friendly ingredients.

Visit <https://healthy lunchbox.com.au/> for lunchbox suggestions, recipes and healthy eating ideas.